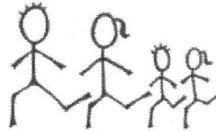


lamb's farm
where people grow



Fun & Fit Family Day
5K Run/2 Mile Walk

To Benefit the Lambs Farm Wellness Center

Join us for our 3rd Annual

Fun & Fit Family Day

5K Run/2 Mile Walk!

Saturday, June 25, 2016 | 9am

NEW ACTIVITIES RECENTLY ADDED!

Enjoy a brisk run or walk around Old School Forest Preserve then browse sponsor booths and join in the fun & fit activities for the whole family including:

- Kids Dash
- Live DJ
- Giveaways
- **NEW:** Family Entertainment by Ralph Covert of Ralph's World, *presented by Advocate Condell Medical Center*
- **NEW:** Optional course obstacles by Cross Training Playground
- **NEW:** Pre and Post-Run demonstrations by Keumgang Martial Arts Academy
- **NEW:** Balloon Artist courtesy of Moody Radio
- Post Run Fuel including bagels from Einstein Bros and sandwiches from Chick-Fil-A
- Discounted admission to our Farmyard
- And more!

[Online registration is NOW OPEN!](#) Sign up before June 2 and receive an event day t-shirt!

Fundraise and Earn Incentives!

Whether you're running, walking or cheering someone on, raise funds to benefit the men and women of Lambs Farm and earn incentives for yourself!


It's easy. [Click here to create your own fundraising page.](#) Then click on 'Visit Team' and 'Join Team' and follow the simple steps. Share it with family, friends, neighbors and coworkers asking them to donate using the 'Give Now' button and to share it with others. Together we can make a huge difference in the lives of adults with developmental disabilities.

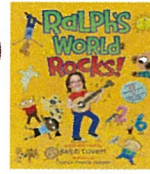
Lambs Farm is a premier nonprofit organization whose mission is helping people with developmental disabilities lead productive, happy lives and connecting with the human spirit in us all. Based near Libertyville, Illinois, Lambs Farm strives to maintain exemplary vocational, residential and

recreational programs, and to operate our organization in a manner that will continue to help people grow.

14245 W Rockland Road | Libertyville, IL | 60048 | 847.362.4636



 Advocate
Condell Medical Center



CROSS TRAINING
PLAYGROUND
By Mike Pinsky PhD



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